PALLIATIVE MEDICINE

AMOREM

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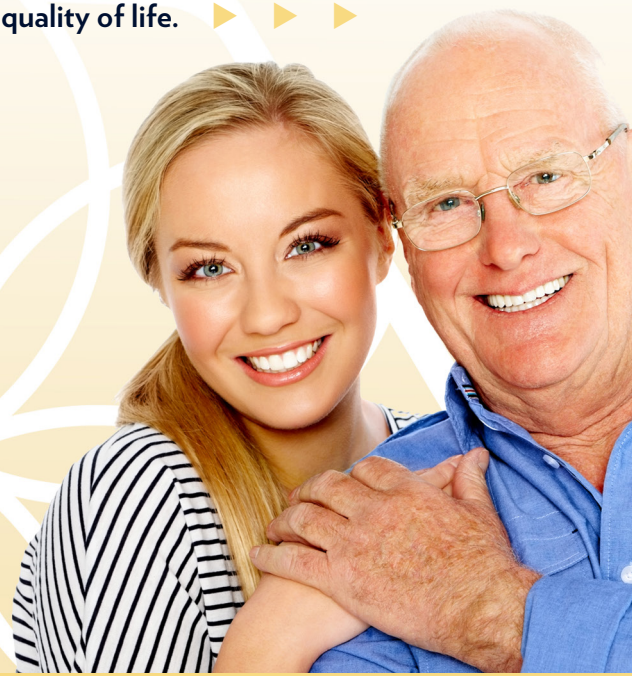
Does living with a serious illness affect your daily life? We can help.

Palliative medicine is a consultative service that provides an extra layer of support for anyone living with a serious illness. Palliative medicine is a medical specialty that:

- optimizes quality of life
- prevents frequent hospitalizations and
- empowers patients and families in managing complex illnesses

Care is provided by a medical doctor, nurse practitioner or physician assistant.

Find out how palliative medicine can improve your quality of life. ▶ ▶ ▶



Palliative medicine is a medical specialty for people at any age living with serious illness, and can be provided while still seeking curative treatment. Palliative medicine is appropriate for a serious illness with a prognosis of two years or fewer, if the illness runs a normal course. These questions can help determine whether palliative medicine might be right for you or someone close to you.

Do you have one or more serious illnesses, such as:

- Cancer
- Kidney failure
- Dementia
- Liver failure
- Congestive heart failure (CHF)
- Neurological disease (ALS, Parkinson's, etc.)
- Emphysema
- Chronic obstructive pulmonary disease (COPD)

Do any of these symptoms affect your quality of life or make it difficult to be as active as you would like to be? These symptoms might include:

- Pain or discomfort
- Shortness of breath
- Fatigue
- Lack of appetite
- Depression
- Anxiety
- Nausea
- Constipation

Have you, or someone close to you, experienced any of the following:

- Difficult side-effects from treatment
- Eating problems related to serious illness
- Frequent emergency department visits
- Three or more admissions to the hospital within 12 months and with the same symptoms

Do you, or someone close to you, need help:

- Knowing what to expect from your illness
- Knowing about available programs and resources
- Making medical decisions about treatment choices/options
- Matching your goals and personal values to your medical care
- Coping with the stress of a serious illness
- Talking with your family about your illness and what is important to you
- Finding emotional support
- Finding spiritual or religious support

If you answered "yes" to one or more questions, contact us to discuss resources available to you, visit our website, or discuss concerns with your medical provider.

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